

- Desserts: main dessert available as per menu or fresh fruit alternative.

WC: 07/09, 28/09, 19/10, 16/11, 07/12, 11/01, 01/02, 01/03, 22/03, 26/04, 17/05, 14/06, 05/07

Menu Week 1	Meat free Monday	Great British Food Tuesday	Roast Dinner Wednesday	Around the World Thursday	Fish Friday
Meat Choice	Wholemeal pizza margherita, hand cut potato wedges and mixed salad or baked beans	Sausage and mashed potatoes, gravy and seasonal vegetables	Roasted beef, Yorkshire pudding, roast potatoes, gravy and steamed mixed vegetables	Chicken curry, rice and mini naan bread	Omega 3 Fish fingers with chips, peas or mushy peas
Vegetarian Choice		Quorn sausage and mashed potatoes, gravy and seasonal vegetables (on request)	Quorn fillet, Yorkshire pudding, roast potatoes, gravy and steamed mixed vegetables (on request)	Quorn curry, rice and mini naan bread (on request)	Quorn sausage, chips, peas and gravy (on request)
Jacket Potatoes	Freshly baked Golden jacket potato with choice of fillings and salad				
Dessert	Oaty biscuit	Sticky toffee cup cake	Chocolate Bownie	Homemade digestive biscuit	Rainbow muffin

WC: 14/09, 05/10, 02/11, 23/11, 14/12, 18/01, 08/02, 08/03, 29/03, 03/05, 24/05, 21/06, 12/07

Menu Week 2	Meat free Monday	Great British Food Tuesday	Roast Dinner Wednesday	Around the World Thursday	Fish Friday
Meat Choice	Meat free sausage and mozzarella topped pizza slice with tomato and vegetable pasta salad	Minced beef and herby dumpling with mashed potatoes and steamed vegetables	Roast chicken with Yorkshire pudding, gravy, roast potatoes	American style Posh dog, wholemeal finger bun, hand cut white and sweet potato chunks, sautéed onions, coleslaw and sweetcorn	Crispy battered salmon fillet with chips, peas or mushy peas
Vegetarian Choice		Minced Quorn and herby dumpling with mashed potatoes and steamed vegetables (on request)	Roast Quorn Fillet with Yorkshire pudding, gravy, roast potatoes (on request)	Quorn Hot Dog Posh dog, wholemeal finger bun, hand cut white and sweet potato chunks, sautéed onions, coleslaw and sweetcorn (on request)	Quorn fillet with chips, peas or mushy peas (on request)
Jacket Potatoes	Freshly baked Golden jacket potato with choice of fillings and salad				
Dessert	Flapjack	Waffle	Ginger cookie	Apple and cinnamon cup cake	Homemade biscuit

WC: 21/09, 12/10, 09/11, 30/11, 04/01, 25/01, 22/02, 15/03, 19/04, 10/05, 07/09, 28/06, 19/07

Menu Week 3	Meat free Monday	Great British Food Tuesday	Roast Dinner Wednesday	Around the World Thursday	Fish Friday
Meat alternative	Wholemeal pizza margherita, hand cut potato wedges and mixed salad or baked beans	Chicken and wholemeal pastry pie, steamed new potatoes, carrots and broccoli	Roast pork with Yorkshire pudding, gravy, mashed potatoes and vegetables	Sweet chilli chicken fillet, rainbow rice, soft tortilla with sweetcorn and tomato sauce	Battered cod fillet, with chips, peas or mushy peas
Vegetarian Alternative		Minced Quorn and wholemeal pastry pie, steamed new potatoes, carrots and broccoli (on request)	Roast Quorn with Yorkshire pudding, gravy, mashed potatoes and vegetables (on request)	Quorn fillet in sweet chilli sauce, rainbow rice, soft tortilla with sweetcorn and tomato sauce (on request)	Quorn sausage, chips, peas and gravy (on request)
Jacket Potatoes	Freshly baked Golden jacket potato with choice of fillings and salad				
Dessert	Fruity Cup cake	Shortbread biscuit	Waffle	Chocolate and pear cup cake	Homemade biscuit